



School of Optometry
and Vision Sciences

Ysgol Optometreg a
Gwyddorau'r Golwg

LOCSU/WOPEC courses to support the delivery of extended primary eye care services

Excellence in Education for
Eye Care Professionals



LOCSU



THE COLLEGE OF
OPTOMETRISTS



LOCSU/WOPEC training courses are designed to support the implementation of extended primary eye care services in local areas across England.

There are a selection of courses available: Minor Eye Conditions Service (MECS); Glaucoma; Pre and Post-Operative Cataract; Low Vision; Learning Disabilities; Paediatrics; Maculopathy. All courses comprise WOPEC distance learning lectures with multiple choice questions (MCQ), the content is peer reviewed, lectures are GOC CPD approved and an individualised WOPEC pdf certificate is issued on completion.

The Local Optical Committee Support Unit (LOCSU)

LOCSU provides high-quality, practical support to LOCs in England to help them to develop, negotiate and implement their local objectives in respect of extended primary eye care services. It has commissioned WOPEC to develop training and accreditation to support this development.

Since the first LOCSU/WOPEC training was released in 2009 (PEARS – now known as MECS), WOPEC and LOCSU have built up an impressive suite of resources to meet Local Optical Committee requirements.

Wales Optometry Postgraduate Education Centre (WOPEC)

WOPEC is based in the School of Optometry and Vision Sciences at Cardiff university. It provides a dedicated facility for education and training for optometrists, other eye care practitioners and allied health professionals to produce a workforce of professionals who are able to deliver the highest quality of care to their patients. WOPEC has over 19,000 eye care professional learners and offers a wide range of postgraduate taught courses for eye care professionals in the UK and internationally.



LOCSU



Wales Optometry Postgraduate Education Centre
Canolfan Addysg Optometriq Ol-raddedig Cymru





Minor Eye Conditions Service Pathway (MECS)

MECS accredited practitioners will be able to provide a prompt assessment of a patient presenting with an acute eye condition. As many patients as possible will have their management maintained within the primary care setting, thus avoiding unnecessary referrals to hospital services. Where referral to secondary care is required it will be to a suitable specialist with appropriate urgency.

This on-line course is also suitable for the practitioner who wishes to refresh their knowledge to participate in a locally commissioned urgent eyecare service (CUES).

There are two parts to MECS training and accreditation. Part 1 is online learning and Part 2 station-based practical assessment. Part 1 must be completed before Part 2 can be undertaken. Foreign body removal training can be offered as an extra.

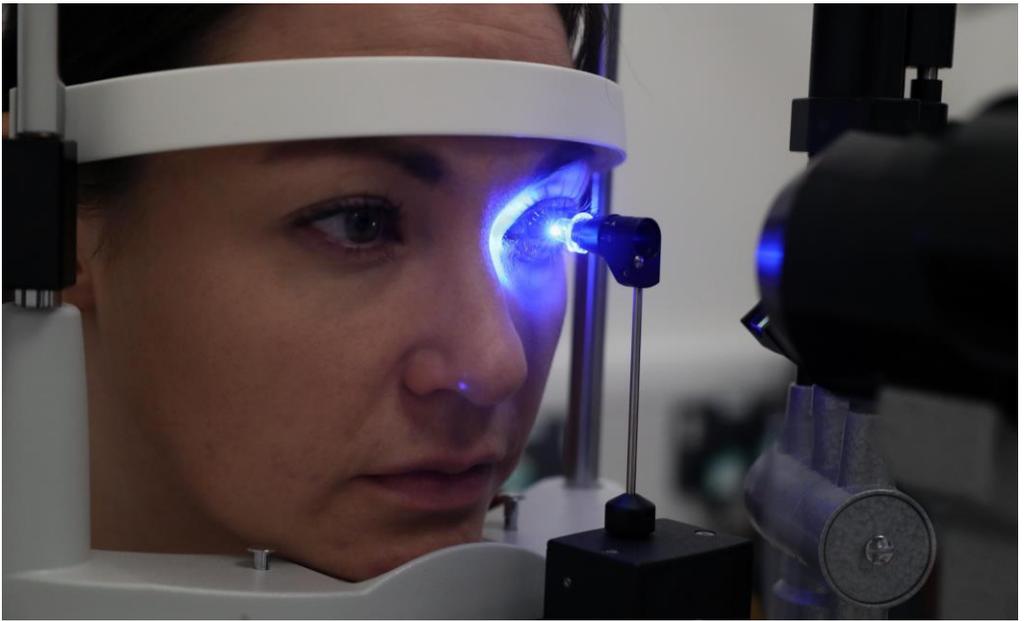
MECS Part 1: Distance learning – CPD accredited

Seven theoretical training lectures and MCQs covering the following topics: Red eye; Flashes and floaters; Age-related macular degeneration Parts 1 and 2; Cornea and corneal foreign bodies; Sudden loss of vision; Dry eye in optometric practice. These lectures are aimed at the optometrist and contact lens optician.

MECS Part 2: Practical Station Assessments

WOPEC can work with the LOC, PEC, and other commissioning body to organise a practical assessment consisting of five stations designed to assess referral, communication, clinical decision making and slit lamp Volk BIO skills.





Glaucoma

This course provides the practitioner with training to support glaucoma referral filtering and ocular hypertension (OHT) monitoring which is in line with NICE guidelines. It has been peer reviewed by the NICE guideline development group.

There are two parts to Glaucoma training and accreditation. Part 1 must be completed before Part 2 can be undertaken. The lectures can be undertaken by optometrists and contact lens optician.

Glaucoma Part 1: Distance learning - CPD accredited

Practitioners need to complete a course of online theoretical training lectures and MCQs. There are four lectures and a video: Glaucoma and the optic disc assessment; IOP and tonometry; Visual fields and glaucoma; NICE guidelines and practical techniques video demonstrating methods used to examine patients suspected of having OHT and/or glaucoma.

Glaucoma Part 2: Practical Station Assessments

WOPEC can work with an LOC, PEC and other commissioning bodies to organise a practical assessment that consists of five stations designed to assess; calibration of a Goldmann applanation tonometer, van Herick's technique, Goldmann applanation tonometry, the use of slit lamp Volk BIO and a glaucoma case study.



Pre- and Post-Operative Cataract

Practitioners will be enabled to inform and manage their patients presenting with cataract within the primary care setting and reduce the number of patient visits to secondary care.

The Pre- and Post-Operative Cataract course comprises five online theoretical training lectures and MCQs, a visual recognition (VRICS) test and a video following a cataract patient journey in hospital. Lectures include the following titles: Types and grading of cataract; Pre-operative assessment and considerations; Complications of cataract surgery.

All are CPD accredited and aimed at optometrists who would deliver cataract referral refinement and post-surgery assessment.



Low Vision

Low Vision accredited practitioners can give patients with sight loss quicker access to a high quality specialist assessment, a supply of low vision and daily living aids, support closer to home.

This comprises a course of ten, CPD accredited online theoretical training lectures and MCQs. It is open to optometrists and dispensing opticians.

The lectures cover pathology, assessment of visual function, low vision needs, magnifiers, and low vision solutions.

WOPEC can work with local areas and commissioning bodies to deliver practical training and assessment.



Eyecare Services for People with a Learning Disability

People with learning disabilities are much more likely to have eye and vision problems than members of the general population, but they find accessing eye care more difficult because of a range of barriers, including a lack of confidence among clinicians on how to adapt their practice to meet the needs of this patient group.

This distance learning online training package contains lectures and MCQs compiled by people with many years of experience in the field. It provides an insight into how learning disability and learning disability is defined, how practice can be adapted and how barriers to service provision, both clinical and non-clinical, can be overcome.

Six lectures are CPD accredited and comprise: An introduction to learning disabilities; Making services accessible for people with a learning disability; Prevalence of eye problems in people with a learning disability; Adapting the optometric assessment for people with a learning disability; Adapting dispensing practice when working with people with a learning disability; Reporting and referring.

Optometrists, dispensing opticians, and any healthcare professional can access the course.



Paediatrics

The aim of the course is to provide community and hospital based practitioners with knowledge and skills to provide a high standard of eye care to children of all ages. It includes topics covering assessment, screening, referral and treatment pathways, with an emphasis on the importance of good communication with children and young people, their parents/ carers and with other professionals.

The course comprises five, CPD accredited online theoretical training lectures with MCQs: Refractive development, and distribution of refractive errors throughout childhood; Assessment of refractive error and prescribing for children; Tests and techniques for assessing vision in children and expected values; Vision screening in childhood; Assessment of ocular health and common defects in childhood.

There are also four key feature scenarios. It is available to optometrists and dispensing opticians.





Maculopathy

This lecture series is designed to complement the LOCSU Maculopathy Referral Filtering and Monitoring pathway. The aim of the series is to build on existing knowledge of maculopathy with an emphasis on monitoring in primary care, referral and treatment pathways and optical coherence tomography (OCT) interpretation.

The series aims to improve the efficiency and accuracy of case-finding for AMD. For both new and review (wet active) AMD patients, and so improve the speed at which people are diagnosed and treated within the hospital eye service, to help prevent loss of sight, as well as people with a diagnosis of late AMD who require regular monitoring in primary care practice.

The course is aimed at optometrists. It has been created and peer reviewed to ensure it is realistic for, and relevant to, primary eye care practice.

Practitioners will undertake a CPD approved course of online lectures with MCQs. The titles of the 5 lectures are: Anatomy and physiology of the retina and choroid; An introduction to retinal imaging; Key features of maculopathy; AMD - recognition, classification, and management; Maculopathy case scenarios.



LOCSU has funded the development of these training packages for optometrists and dispensing opticians in England whose LOC is a LOCSU member and contributes to the LOCSU levy.

How are the on-line courses accessed?

Practitioners should contact their LOC for the relevant course access code. Once issued with their unique access code, it must be entered into the 'CODE' section on the WOPEC website homepage. Learning materials and MCQ will then be available on the practitioner's account dashboard.

Contact Lens Opticians wishing to take MECS and Glaucoma should contact ABDO.

Are there any costs?

There is no charge to practitioners who wish to undertake the WOPEC on-line courses, provided their LOC is a LOCSU member and contributes to the LOCSU levy. Practical elements or accreditation may have a fee. Contact WOPEC for information.

Peer Discussion events.

WOPEC have created a selection of Peer Review cases that can be delivered locally or regionally by an LOC (who are LOCSU members). Taken from primary eye care practice, cases feature aspects of LOCSU Clinical Pathways, such as Children's Vision, Integrated Cataract, MECS and Glaucoma Referral Filtering and Monitoring. These sessions may be virtual or attended. Optometrists and dispensing opticians may participate and gain CPD peer review points. Contact your LOC.

Accreditation of Prior Learning (APL)

Certain professional qualifications allow you to join an extended primary eye care service without the necessity to undertake WOPEC courses and assessments. For example, Prof Cert Glaucoma, or the Independent Provider qualification. Contact your service provider or WOPEC for additional detail.

What next?

Our postgraduate programme of study at Cardiff University has been developed specifically with professionals in mind, providing an opportunity to achieve higher qualifications that will broaden your knowledge which can be used in your day to day work. This programme is part-time, using an efficient combination of convenient distance learning and 'hands-on' skills training. You can study one module at a time or work towards a Certificate, Diploma or masters (MSc). Many modules are accredited by the College of Optometrists for higher professional qualifications, and most are GOC CPD approved.

<https://www.cardiff.ac.uk/optometry-vision-sciences/courses/postgraduate-taught>

Please contact us for more information:

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