



#YourLOC

Q&A

Sara White, Chair of Surrey LOC

Which LOC are you a member of and what is your role/what duties have you undertaken?

I have been Chair of Surrey LOC since April 2018 and was Vice Chair for 3-4 years before that.

How long have you been involved in the LOC?

I have been involved with Surrey LOC for about 16 years, and was on Merton and Sutton LOC for 3 years before that.

What made you decide to get involved in the LOC?

When you work in independent practice, there can be a feeling of isolation, especially when trying to plan for future equipment etc, not knowing which way the profession might go. I initially thought that being part of the LOC would enable me to keep an ear to the ground.

What have you got out of being an LOC member? What are the benefits?

As well as it fulfilling my need to keep ahead of what is going on locally, it has been rewarding to be able to help shape the way optoms and hospital clinicians co-operate and share care for patients. It's also so good to have a network of other optical professionals to bounce things off, and occasionally have a joint moan with!

In under 20 words, what would you say to anyone wondering whether to get involved with their LOC?

Do it! LOCs are not scary as they are run by your peers. Help shape the future of your profession.

